

A photograph of several golden-brown, star-shaped baked snacks, likely carrot bites, arranged on a white surface. The text 'Carrot Star Bites' is overlaid in a large, bold, black font.

# Carrot Star Bites

A RECIPE BY *HEALTHY LITTLE FOODIES*

## ingredients

- 1 1/2 cup packed carrots, grated
- 1/2 cup water
- 1/2 cup grated cheese
- 2 eggs
- 4 tablespoons oat flour (all purpose or almond flour also works)

## directions

- Preheat oven to 350 degrees F and line baking sheet with parchment paper.
- Mix the carrot and water in a bowl, cover and microwave on high for 3 minutes.
- Drain the carrots and then place them in a clean cloth, squeeze out all the liquid. (carrots need to be quite dry for recipe to work.)
- Place carrots back in the bowl and mix with remaining ingredients.
- Using a cookie cutter, form star shapes of the mixture straight onto prepared baking sheet. Make each star roughly 1/4in thick.
- Bake for 13 minutes or until crispy on the sides.

YOU CAN USE ANY FUN SHAPE YOU'D LIKE IF YOU DON'T HAVE STAR COOKIE CUTTERS!



1



2



3



4

